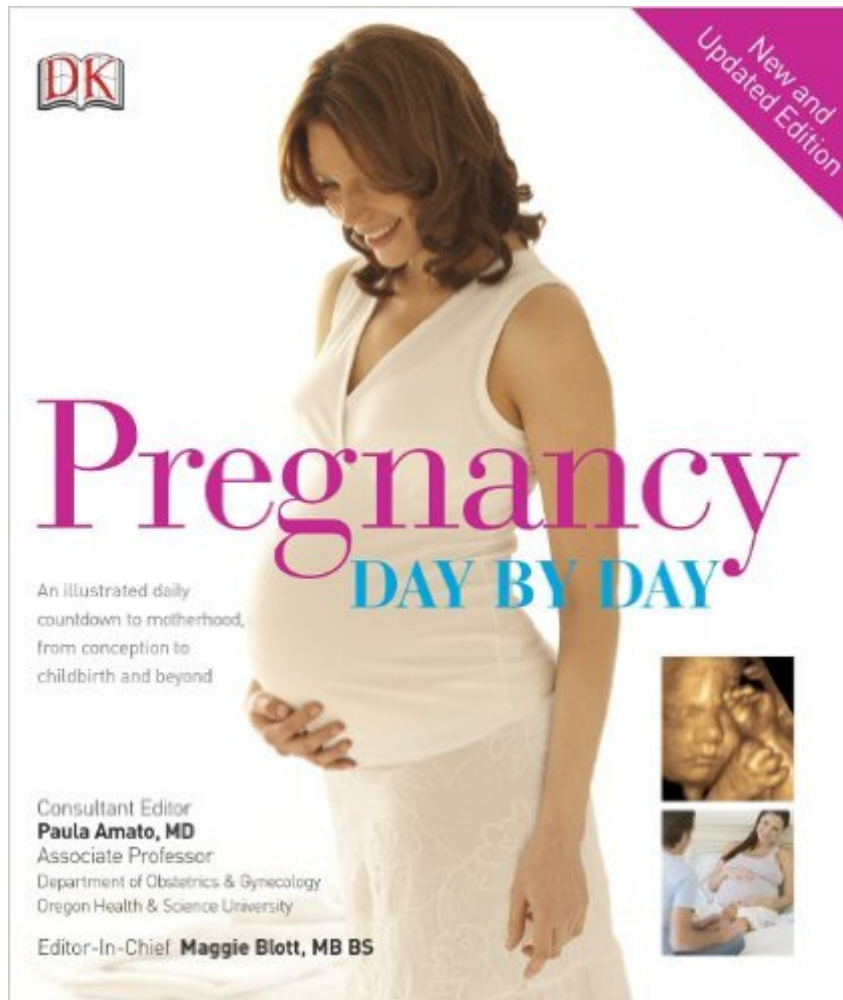


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# Pregnancy Day By Day



## Synopsis

Fully revised to reflect updated medical practices, technological advances, and prenatal imagery since the book first published, *Pregnancy Day by Day* gives expecting mothers comprehensive advice on every stage of their pregnancy and labor, from the first week of pregnancy to two weeks after the baby is born. Covering nutrition, exercise, medical issues, pain relief, and much more, *Pregnancy Day by Day* is a great resource for mothers who want to know what's happening to their bodies every step of the way.

## Book Information

Hardcover: 496 pages

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Shipping Weight: 4.3 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (35 customer reviews)

Best Sellers Rank: #38,190 in Books (See Top 100 in Books) #112 in [Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth](#) #2217 in [Books > Parenting & Relationships](#)

## Customer Reviews

This book was just what we needed. It presents the pregnancy basically "day by day". It shows pictures as to what the developing baby might look like/size at each step of the way. Tons of information and all organized in an easy to read manner! Why waste your time searching the internet when it is ALL right here organized and read to be read anywhere, anytime...even when the internet connection is DOWN. My wife loves this book, she takes it with her all around the house, hahaha. Worth the \$\$

I purchased this book many years ago for myself. It features day to day updates with useful tidbits you might not think to ask. There are also milestone updates and what to expect at your major appointments / scans. I will say, it is based around the UK system, but that did not put me off. I felt it actually added to the book. I am expecting a second time and found myself forgetting what happened the first time - out came his book. Also, when I found out my sister was expecting, this was my first gift to her.

I absolutely love this book! It is so incredibly informative and the fact that it has a daily page for the entire pregnancy plus information for after baby comes, a section on potential complications, pictures through out and a full glossary for quick key word searches in the book- absolutely amazing resource! I'm going through it a second time for my second pregnancy because I enjoy this book and all it has to offer that much. I also have been buying it as a gift for family and friends who are expecting so they can experience the awesomeness of this book! Definite 5 stars and worth the buy!!!

Good book, beautiful illustrations. I purchased it AFTER I did a good look through at Barnes to save myself some money. I would recommend doing that because not everyone may prefer this type of book style.

A friend actually gave me this book, and I simply adore it. Yes, this information isn't revolutionary and can be found in other sources like the What to Expect book (which I am also reading - and the app), Internet sources, etc. However, this book is beautiful to look at (lots of pictures, and the book is full color), and in a high quality hard cover. It breaks tidbits of info and knowledge down into manageable bites - a page or two per day to read. It also ranks things so you are reading about them when you are experiencing them or need to start planning ahead time-wise, which makes me feel like I am staying on track. This is perfect for me right before bed, and enough that I don't overwhelm my husband, but are are learning, together. I think it's a great buy for first time mom, and would make a lovely gift. I really can't say enough nice things about it!

I love this book, I didn't realize that it also provided pre-conception tips! It starts from the 1st day of your missed period and goes on from there, i haven't finished reading it yet. It's full of useful information! Thank you for putting out a great product!

Just the best book! It provides small detailed day by day information about the pregnancy. I have loved reading it each night before bed. It is so detailed and had all the info you might need but the set up really makes all that information manageable and not overwhelming. I have also purchased it 2 times as a surprise gift once a pregnancy is announced and they loved it too!

i liked this book a lot as it was day by day and lots of information on what to expect. i would

recommend this book over the more popular one what to expect while expecting . The other book that comes close to this one which i really liked was the mayo clinic book but this one is the best really so i ended up buying this book and using it all through my pregnancy .. highly recommend

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